

FREDSTONE

City College

Tel: +27 11 331 0125 Cel: +27 83 697 4690
Email: Info@fredstone.co.za. www.fredstone.co.za



Occupational Certificate

Health Promotion Officer

163 Credits

EST 2015
Certification Body

Quality Council for Trades and Occupations
(QCTO)

Course details / course outline

Health promotion officers are responsible for promoting good health practices, often within the contexts of community groups, governmental health policies, educational health programs, or for the public in general. At the governmental level, health promotion officers may lobby state or federal governments for funding for particular health areas, such as domestic violence or depression. In other cases, they may organize health awareness programs for schools in areas such as diet, sexual activity

Admission requirements

Learners who want to register for this qualification must have the following;

- Ancillary Health Care NQF Level 1 or
- ABET Level 4 with FLC or
- Grade 9, 10, 11 or 12 (No specific subject)

Program duration

18 Months / 1.8 Years

Attendance Categories

1. Fulltime
2. Part-time
3. Distance Learning / Correspondence

Articulation Options

Horizontal Articulation

Higher Certificate in Social Auxiliary Work

Vertical Articulation

Diploma in Health Promotion Office

Degree Health Promotion officer

Learning process

Learners will be formatively and summative assessed in theoretical studies based on assignments, as individuals and group projects and as well as short tests. Assignments, case studies, problem-solving techniques will assist with formative assessments. Learners will also be formatively assessed in real work environment on the basis of observation in natural setting of social service provision for a period of 6 months.

Workplace Opportunities

Learners are attached but not limited to the following organizations:

Clinics, Rehabilitation centers, testing and counseling centers, Hospices, old age homes, Health Research centers...

Course outline

Knowledge Modules

- ★ KS-01 – Public and Community Health Support. NQF L3. 22 Credits. 220 hours.
- ★ KS-02 – Family and Community Services. NQF L3. 10 Credits. 100 hours
- ★ KS-03 – Basics of Community Health. NQF L3. 8 Credits. 80 hours

Total credits for Knowledge modules: 40 Credit

Practical (Simulation) Modules

- ★ PM-01 - Mobilize community to address community health issues. NQF L3. 4 Credits.
- ★ PM-02 - Identify the service needs and ease of access to health and social services.
- ★ PM-03 - Promote healthy life styles and mental wellbeing. NQF L3. 6 Credits. 60 hours
- ★ PM-04 - Promote HIV prevention including HIV testing, condom use, partner reduction, circumcision, STI treatment. NQF L3. 4 Credits. 40 hours
- ★ PM-05 - Provide information on prevention of accidents and incidents in homes. NQF L2.
- ★ PM-06 - Record and report on information provided to individuals, households and communities.
- ★ PM-07 - Promote and provide support for maternal and women's health. NQF L2. 14 Credits
- ★ PM-08 - Promote child health. NQF L4. 4 Credits. 40 hours.
- ★ PM-09 - Support community members with psychosocial problems with psychological problems.
- ★ PM-10 - Provide an integrated approach to support treatment adherence. NQF L3. 4 Credits. 40 hr
- ★ PM-11 - Identify and treat a select number of minor ailments. NQF L2. 8 Credits. 80 hours
- ★ PM-12 - Provide basic support to people who are unable to care for themselves. NQF L2. 4 Credits

Total credits for Practical Modules: 63 Credits

Work Experience Modules

- WM-01 - Operation and dynamics of communities. NQF L4. 6 Credits. 60 hours
- WM-02 - Household registration and assessment processes. NQF L3. 14 Credits. 140 hours
- WM-03 - Health promotion processes. NQF L3. 6 Credits. 60hours
- WM-04 - Formal health provision processes. NQF L2. 12 Credits. 120 hours
- WM-05 - Emotional and social wellness support processes. NQF L3. 6 Credits. 60 hours
- WM-06 - Household treatment processes of minor ailments. NQF L3. 16 Credits. 160 hours

Total credits for work experience modules: 60 Credits

Registration Requirements

1. Completed registration form
2. Certified copies of your latest qualification
3. Certified ID Copies of both applicant and Parent/guardian
4. 2 ID photos (Colour)
5. Proof of residential address
6. A non-refundable registration and administration fee of R2 500.

Course Fees Structure

Level / s	Registration	Administration	Monthly	Total Fees
Level 3	R 1000.00	R 1500.00	R 1500.00 * 18 Months	R 30 500.00

Please Note: Uniform, study material and all practice cards are all included in the total fees.

College banking details

Standard Bank

Fredstone City College Pty Ltd

Account No. 010117596939

Reference: Student surname and Name

NB: All deposit slips must be submitted to the college for recording